

## Master Syllabus

### PTA 1215 - Functional Mobility

**Division:** Health Sciences

**Department:** Rehabilitation Services

**Credit Hour Total:** 2.0                      **Lab Hrs:** 6.0

**Prerequisite(s):** PTA 1140AND PTA 1145

**Other Prerequisite(s):** Restricted to Majors

**Date Revised:** July 2016

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### Course Description:

Theory, clinical rationale and application of therapeutic interventions utilized in the practice of physical therapy, with emphasis on demonstration of knowledge, skillful performance and patient education related to functional mobility and gait training. Six lab hours per week.

### General Education Outcomes:

- Critical Thinking/Problem Solving Competency

### Course Outcomes:

#### Assessment

Students will be able to assess physical environments and the patient's readiness for various functional mobility tasks within those environments, monitor the patient's response to mobility activities, assess treatment outcomes, and determine the need for treatment modifications.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

Answers at least 77% of questions correctly.

**Assessment Method:** Oral examination

**Performance Criteria:**

At least 77% accuracy on lab practicals

**Assessment Method:** Simulations

**Performance Criteria:**

Able to demonstrate 100% accuracy in simulated treatments on check-offs and competencies, with faculty feedback and repeated practice

#### Intervention Selection

Students will be able to select appropriate functional mobility interventions within the physical therapist's plan of care that address the environmental needs for mobility of the patient.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

Answers at least 77% of questions correctly.

**Assessment Method:** Oral examination

**Performance Criteria:**

At least 77% accuracy on lab practicals

**Assessment Method:** Simulations

**Performance Criteria:**

Able to demonstrate 100% accuracy in simulated treatments on check-offs and competencies, with faculty feedback and repeated practice

#### Principles

Students will understand the principles of functional mobility and how to effectively and safely apply these with patients of various levels of functional independence.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

Answers at least 77% of questions correctly.

**Assessment Method:** Oral examination

**Performance Criteria:**

At least 77% accuracy on lab practicals

**Assessment Method:** Simulations

**Performance Criteria:**

Able to demonstrate 100% accuracy in simulated treatments on check-offs and competencies, with faculty feedback and repeated practice.

**Intervention Application**

Students will instruct patients in positioning, bed mobility, transfers, pre-gait, and gait skills commensurate with the patient's level of need and understanding, utilizing the most appropriate assistive mobility device in a safe and effective manner and appropriately document patient treatment.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

Answers at least 77% of questions correctly.

**Assessment Method:** Oral examination

**Performance Criteria:**

At least 77% accuracy on lab practicals

**Assessment Method:** Simulations

**Performance Criteria:**

Able to demonstrate 100% accuracy in simulated treatments on check-offs and competencies, with faculty feedback and repeated practice

**Outline:**

Personal static and dynamic posture / body mechanics

Patient positioning for comfort and pressure relief

Bed Mobility

Transfers

Gait training

Assisted wheelchair mobility

Guarding and prevention of falls

Gait Observation