

Master Syllabus

PTA 1135 - Introduction to Manual Therapy

Division: Health Sciences

Department: Rehabilitation Services

Credit Hour Total: 2.0

Lab Hrs: 4.0

Prerequisite(s): PTA 1000

Other Prerequisite(s): Restricted to Majors

Date Revised: March 2016

Course Description:

Introduction to palpation and therapeutic touch; massage and manual therapy for soft tissue; patient draping; physiological effects, therapeutic applications, contraindications, soft tissue mobilization and myofascial release for the body. Four lab hours per week.

General Education Outcomes:

- Critical Thinking/Problem Solving Competency

Course Outcomes:

Intervention Application

Students will be able to competently apply manual therapy techniques, assuring patient comfort and privacy, appropriately monitoring the patient's response to treatment and adjusting accordingly, and documenting the treatment.

Assessment Method: Locally developed exams

Performance Criteria:

77% based on written examinations

Assessment Method: Oral examination

Performance Criteria:

77% based on lab practicals

Assessment Method: Simulations

Performance Criteria:

77% based on competencies

Patient Assessment

Students will be able to assess the patient's readiness for treatment, identify the appropriate target tissue for manual therapy intervention, and assess treatment outcomes.

Assessment Method: Locally developed exams

Performance Criteria:

77% based on written examinations

Assessment Method: Oral examination

Performance Criteria:

77% based on lab practicals

Assessment Method: Simulations

Performance Criteria:

77% based on competencies

Intervention Selection

Students will be able to select manual therapy interventions to address tissue impairments that are appropriate for the target tissue in various stages of healing.

Assessment Method: Locally developed exams

Performance Criteria:

77% based on written examinations

Assessment Method: Oral examination

Performance Criteria:

77% based on lab practicals

Assessment Method: Simulations

Performance Criteria:

77% based on competencies

Principles

Students will understand the principles of manual therapy and how to appropriately apply them to patients with tissue impairment

in various stages of healing.

Assessment Method: Locally developed exams

Performance Criteria:

77% based on written examinations

Assessment Method: Oral examination

Performance Criteria:

77% based on lab practicals

Assessment Method: Simulations

Performance Criteria:

77% based on competencies

Outline:

Palpation

Therapeutic touch

Massage

Patient draping

Therapeutic applications

Soft-tissue mobilization

Myofascial release