

## Master Syllabus

### MHT 2250 - Child & Adolescent Mental Health

**Division:** Health Sciences

**Department:** Human Services and Behavioral Health

**Credit Hour Total:** 3.0

**Lecture Hrs:** 3.0

**Date Revised:** November 2015

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### Course Description:

Mental health and mental ill-health issues related to childhood and adolescents. Etiology and treatment approaches.

### General Education Outcomes:

- Written Communication
- Critical Thinking/Problem Solving
- Values/Citizenship/Community
- Computer Literacy
- Information Literacy

### Course Outcomes:

#### Milestones in Normal Development

Identify major milestones in normal child and adolescent development.

**Assessment Method:** Performance appraisals

**Performance Criteria:** 70% or better on on-line assignments and discussions

#### Dynamics of Mental Disorders

Describe the basic dynamics and their consequences of major mental/emotional/behavioral disorders of children and adolescents.

**Assessment Method:** Performance appraisals

**Performance Criteria:** 70% or better on on-line assignments and discussion

#### Treatment Approaches

Describe treatment approaches for various disorders.

**Assessment Method:** Performance appraisals

**Performance Criteria:** 70% or better on on-line assignments and discussions

#### Etiological Factors

Explain factors that contribute to mental health problems of children and adolescents.

**Assessment Method:** Performance appraisals

**Performance Criteria:** 70% or better on on-line assignments and discussions

#### Dysfunctional Social Behaviors of Children and Adolescents

Describe causes and effects of certain dysfunctional social behaviors of children and adolescents.

**Assessment Method:** Performance appraisals

**Performance Criteria:** 70% or better on on-line assignments and discussions

### Outline:

Normal childhood development

Etiological factors in the of mental, emotional, and behavioral development of children and adolescents

Dynamics of major emotional/mental disorders

Treatment modalities

Dysfunctional social behaviors of children and adolescents