

Master Syllabus

MHT 2245 - Mental Health & the Family

Division: Health Sciences

Department: Human Services and Behavioral Health

Credit Hour Total: 3.0

Lecture Hrs: 3.0

Prerequisite(s): ENG 1101 AND MHT 2105

Other Prerequisite(s): AND Restricted to Majors

Date Revised: October 2013

Course Description:

Underlying dynamics and interactional patterns in the functioning of the family system. The impact of family dysfunction upon children, parents and the family system. Issues and trends facing contemporary families and methodologies of clinical intervention are highlighted.

General Education Outcomes:

- ▣ Values/Citizenship/Community Competency
- ▣ Critical Thinking/Problem Solving Competency
- ▣ Written Communication Competency
- ▣ Information Literacy Competency
- ▣ Oral Communication Competency

Course Outcomes:

Divorced, single-parented and blended families

Explain the issues present in, and therapeutic interventions with, divorced, single-parented and blended families.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

Diversity in families

State issues and strengths in diverse family forms.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

Domestic violence

Describe the dynamics of, and therapeutic interventions with, domestic violence; including adult partner battering, child abuse, and neglect and incest.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

Parental relationship

State the parental relationship as the family system foundation and identify problems in couples and parenting.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

Assessment Method: Written surveys and/or questionnaires

Performance Criteria: 70% or better on written assignment

Family systems theory

Identify assessment factors of family mental health and the dynamics of the family as a system. Apply these dynamics to an analysis of your own family of origin and a research paper topic.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

Assessment Method: Written surveys and/or questionnaires

Performance Criteria: 70% or better on written papers

Family therapy

Explain and role play the components of family therapy; and research their application.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

Assessment Method: Simulations

Performance Criteria: 70% or better in role plays in the classroom

Assessment Method: Written surveys and/or questionnaires

Performance Criteria: 70% or better in written research paper

Outline:

Parental relationship
Assessment and family systems theory

Enmeshed and disengaged families
Family therapy
Divorced, single-parented and blended families
Diverse families
Domestic violence