

## Master Syllabus

### MHT 2245 - Mental Health & the Family

**Division:** Health Sciences

**Department:** Human Services and Behavioral Health

**Credit Hour Total:** 3.0

**Lecture Hrs:** 3.0

**Prerequisite(s):** ENG 1101 AND MHT 2105

**Other Prerequisite(s):** AND Restricted to Majors

**Date Revised:** October 2013

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### Course Description:

Underlying dynamics and interactional patterns in the functioning of the family system. The impact of family dysfunction upon children, parents and the family system. Issues and trends facing contemporary families and methodologies of clinical intervention are highlighted.

### General Education Outcomes:

- ▣ Values/Citizenship/Community
- ▣ Critical Thinking/Problem Solving
- ▣ Written Communication
- ▣ Information Literacy
- ▣ Oral Communication

### Course Outcomes:

#### **Divorced, single-parented and blended families**

Explain the issues present in, and therapeutic interventions with, divorced, single-parented and blended families.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

#### **Diversity in families**

State issues and strengths in diverse family forms.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

#### **Domestic violence**

Describe the dynamics of, and therapeutic interventions with, domestic violence; including adult partner battering, child abuse, and neglect and incest.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

#### **Parental relationship**

State the parental relationship as the family system foundation and identify problems in couples and parenting.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or better on written assignment

#### **Family systems theory**

Identify assessment factors of family mental health and the dynamics of the family as a system. Apply these dynamics to an analysis of your own family of origin and a research paper topic.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or better on written papers

#### **Family therapy**

Explain and role play the components of family therapy; and research their application.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

**Assessment Method:** Simulations

**Performance Criteria:** 70% or better in role plays in the classroom

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or better in written research paper

### Outline:

Parental relationship  
Assessment and family systems theory

Enmeshed and disengaged families  
Family therapy  
Divorced, single-parented and blended families  
Diverse families  
Domestic violence