

## Master Syllabus

### MHT 2235 - Family Dynamics of Addiction

**Division:** Health Sciences

**Department:** Human Services and Behavioral Health

**Credit Hour Total:** 3.0

**Lecture Hrs:** 3.0

**Prerequisite(s):** MHT 1130

**Other Prerequisite(s):** AND Restricted to Majors

**Date Revised:** October 2012

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#### Course Description:

Impact of substance use disorders on individual family members and overall family functioning. Focuses on the nature of addiction as a disease, its progression, symptoms and treatments. The nature of codependency is discussed. Insight is gained by the students regarding their biases about the disease of addiction.

#### General Education Outcomes:

- Critical Thinking/Problem Solving Competency
- Values/Citizenship/Community Competency

#### Course Outcomes:

##### **Dynamics of families where addiction issues are present**

Challenge present views about and gain insight into one's own personal family dynamics as it relates to helping clients.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam.

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** Integrate personal family dynamics into written assignments.

##### **Components of the addictive process**

Identify the components and terminology related to the addictive process and family dynamics of addiction.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam.

##### **Effects of addiction on family functioning**

Identify the roles played by family members and the stages of family dysfunction.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam.

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** Integrate roles and stages into written assignments.

##### **Family's roles in treatment and recovery**

Identify addiction as a family disease and develop awareness of the role the family plays in treatment and recovery.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam.

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** Integrate personal awareness in written assignments.

#### Outline:

Components and terminology related to the addictive process and family dynamics of addiction

Effects of addiction on family functioning and stages of family dysfunction

Roles in the addictive family

Family's role in treatment and recovery

Insight into the dynamics of families where addiction issues are present