

## Master Syllabus

### MHT 2137 - Treatment Techniques in Substance Use Disorders

**Division:** Health Sciences

**Department:** Human Services and Behavioral Health

**Credit Hour Total:** 3.0

**Lecture Hrs:** 3.0

**Prerequisite(s):** MHT 1236

**Other Prerequisite(s):** AND Restricted to Majors

**Date Revised:** October 2012

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#### Course Description:

Contemporary holistic treatment methods, including motivational interviewing. Models of treatment with individual, group, case management, intervention and families. Levels of care and stages of recovery. Ethical, legal and professional behaviors.

#### General Education Outcomes:

- Oral Communication Competency
- Critical Thinking/Problem Solving Competency
- Values/Citizenship/Community Competency

#### Course Outcomes:

##### Counseling approaches

Identify, describe, and utilize basic counseling approaches commonly used in the treatment of persons with substance use disorders.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam

**Assessment Method:** Simulations

**Performance Criteria:** 100% active participation in role plays, demonstrating basic counseling approaches.

##### Treatment techniques

Identify, describe and demonstrate common individual, group, and family techniques used with persons with substance use disorders.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam .

**Assessment Method:** Simulations

**Performance Criteria:** Actively participate in role plays, demonstrating appropriate techniques.

##### 12 core functions

Identify the rationale and concepts of the 12 core functions of the chemical dependency counselor.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam.

##### Stages of change and motivational interviewing

Understand and differentiate the stages of change and demonstrate motivational interviewing techniques appropriate for each stage of change.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam.

**Assessment Method:** Simulations

**Performance Criteria:** Actively participate in classroom activities demonstrating recognition of stages of change and motivational interviewing techniques.

##### Ethical issues, strengths and concerns

Identify ethical issues, personal areas of strengths and concerns as a chemical dependency counselor.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on exam .

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or better on written assignments.

#### Outline:

Counseling approaches  
Treatment techniques  
12 core functions  
Stages of change and motivational interviewing techniques  
Ethical issues, strengths and concerns