

Master Syllabus

MHT 2137 - Treatment Techniques in Substance Use Disorders

Division: Health Sciences

Department: Human Services and Behavioral Health

Credit Hour Total: 3.0

Lecture Hrs: 3.0

Prerequisite(s): MHT 1236

Other Prerequisite(s): AND Restricted to Majors

Date Revised: October 2012

Course Description:

Contemporary holistic treatment methods, including motivational interviewing. Models of treatment with individual, group, case management, intervention and families. Levels of care and stages of recovery. Ethical, legal and professional behaviors.

General Education Outcomes:

- Oral Communication Competency
- Critical Thinking/Problem Solving Competency
- Values/Citizenship/Community Competency

Course Outcomes:

Counseling approaches

Identify, describe, and utilize basic counseling approaches commonly used in the treatment of persons with substance use disorders.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on exam

Assessment Method: Simulations

Performance Criteria: 100% active participation in role plays, demonstrating basic counseling approaches.

Treatment techniques

Identify, describe and demonstrate common individual, group, and family techniques used with persons with substance use disorders.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on exam .

Assessment Method: Simulations

Performance Criteria: Actively participate in role plays, demonstrating appropriate techniques.

12 core functions

Identify the rationale and concepts of the 12 core functions of the chemical dependency counselor.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on exam.

Stages of change and motivational interviewing

Understand and differentiate the stages of change and demonstrate motivational interviewing techniques appropriate for each stage of change.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on exam.

Assessment Method: Simulations

Performance Criteria: Actively participate in classroom activities demonstrating recognition of stages of change and motivational interviewing techniques.

Ethical issues, strengths and concerns

Identify ethical issues, personal areas of strengths and concerns as a chemical dependency counselor.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on exam .

Assessment Method: Written surveys and/or questionnaires

Performance Criteria: 70% or better on written assignments.

Outline:

Counseling approaches
Treatment techniques
12 core functions
Stages of change and motivational interviewing techniques
Ethical issues, strengths and concerns