

## Master Syllabus

### MHT 2111 - Group Dynamics I

**Division:** Health Sciences

**Department:** Human Services and Behavioral Health

**Credit Hour Total:** 3.0

**Lecture Hrs:** 2.0 **Lab Hrs:** 2.0

**Prerequisite(s):** MHT 1201

**Other Prerequisite(s):** AND Restricted to Majors

**Date Revised:** October 2012

---

### Course Description:

Introduction to interpersonal dynamics in therapeutic groups. Awareness of group leadership skills and personal issues affecting participation. Laboratory group promotes personal learning while providing experiential awareness of stages of group development. History of the group work method. Factors in group composition. Professional ethics. Practice in group facilitation. Two classroom, two lab hours per week.

### General Education Outcomes:

- Values/Citizenship/Community
- Critical Thinking/Problem Solving
- Oral Communication

### Course Outcomes:

#### Ethics and Professional Standards

Identify and abide by professional standards and ethics practices of group work.

**Assessment Method:** Behavioral observations

**Performance Criteria:** 70% or higher on checklists

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or higher on exams

**Assessment Method:** Simulations

**Performance Criteria:** 70% or higher on rubric

#### Basic Group Theory

Identify stages of group development, types of therapeutic groups, and the advantages and disadvantages of the group work method. Describe the nature and importance of numerous group dynamics and the impact each of these has on individual and group behavior.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

**Assessment Method:** Simulations

**Performance Criteria:** 70% or better on checklist

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or better on written critical analysis

#### Universal Core Issues

Name, describe, and differentiate between each of the 12 universal core issues. Analyze and articulate one's own life experience in term of each of the universal core issues.

**Assessment Method:** Behavioral observations

**Performance Criteria:** 70% or higher on behavioral checklist

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or higher on exams

**Assessment Method:** Simulations

**Performance Criteria:** 70% or higher on behavioral checklist

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or higher on critical analysis

#### Emotional Processes

Name and describe the key components of a theory of emotions and articulate one's own emotional processes utilizing this taxonomy.

**Assessment Method:** Behavioral observations

**Performance Criteria:** 70% or higher on behavioral checklist

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or higher on written exams

**Assessment Method:** Simulations

**Performance Criteria:** 70% or higher on behavioral checklist

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or higher on critical analysis

**Outline:**

Types of therapeutic groups  
Introduction to stages of group development  
Emotions and emotional processes  
Universal core issues  
Introduction to group leadership skills  
Participation in group laboratory experience  
Practice in group co-facilitation  
Ethics and professional standards