

Master Syllabus

MHT 2111 - Group Dynamics I

Division: Health Sciences

Department: Human Services and Behavioral Health

Credit Hour Total: 3.0

Lecture Hrs: 2.0 **Lab Hrs:** 2.0

Prerequisite(s): MHT 1201

Other Prerequisite(s): AND Restricted to Majors

Date Revised: October 2012

Course Description:

Introduction to interpersonal dynamics in therapeutic groups. Awareness of group leadership skills and personal issues affecting participation. Laboratory group promotes personal learning while providing experiential awareness of stages of group development. History of the group work method. Factors in group composition. Professional ethics. Practice in group facilitation. Two classroom, two lab hours per week.

General Education Outcomes:

- Values/Citizenship/Community
- Critical Thinking/Problem Solving
- Oral Communication

Course Outcomes:

Ethics and Professional Standards

Identify and abide by professional standards and ethics practices of group work.

Assessment Method: Behavioral observations

Performance Criteria: 70% or higher on checklists

Assessment Method: Locally developed exams

Performance Criteria: 70% or higher on exams

Assessment Method: Simulations

Performance Criteria: 70% or higher on rubric

Basic Group Theory

Identify stages of group development, types of therapeutic groups, and the advantages and disadvantages of the group work method. Describe the nature and importance of numerous group dynamics and the impact each of these has on individual and group behavior.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

Assessment Method: Simulations

Performance Criteria: 70% or better on checklist

Assessment Method: Written surveys and/or questionnaires

Performance Criteria: 70% or better on written critical analysis

Universal Core Issues

Name, describe, and differentiate between each of the 12 universal core issues. Analyze and articulate one's own life experience in term of each of the universal core issues.

Assessment Method: Behavioral observations

Performance Criteria: 70% or higher on behavioral checklist

Assessment Method: Locally developed exams

Performance Criteria: 70% or higher on exams

Assessment Method: Simulations

Performance Criteria: 70% or higher on behavioral checklist

Assessment Method: Written surveys and/or questionnaires

Performance Criteria: 70% or higher on critical analysis

Emotional Processes

Name and describe the key components of a theory of emotions and articulate one's own emotional processes utilizing this taxonomy.

Assessment Method: Behavioral observations

Performance Criteria: 70% or higher on behavioral checklist

Assessment Method: Locally developed exams

Performance Criteria: 70% or higher on written exams

Assessment Method: Simulations

Performance Criteria: 70% or higher on behavioral checklist

Assessment Method: Written surveys and/or questionnaires

Performance Criteria: 70% or higher on critical analysis

Outline:

Types of therapeutic groups
Introduction to stages of group development
Emotions and emotional processes
Universal core issues
Introduction to group leadership skills
Participation in group laboratory experience
Practice in group co-facilitation
Ethics and professional standards