

## Master Syllabus

### MHT 1200 - Social Casework

**Division:** Health Sciences

**Department:** Human Services and Behavioral Health

**Credit Hour Total:** 2.0

**Lecture Hrs:** 2.0

**Prerequisite(s):** MHT 1101

**Date Revised:** October 2013

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### Course Description:

Basic principles and skills for the professional helping relationship. Relationship and multicultural issues in professional practice. Casework problem-solving model of assessment, goals and action plan is applied.

### General Education Outcomes:

- Critical Thinking/Problem Solving Competency
- Values/Citizenship/Community Competency

### Course Outcomes:

#### Professional helping relationship

Describe and apply the ingredients of effective professional helping relationships, including paraphrasing content and reflecting feelings.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or better on written assignment

#### Casework problem-solving model

Apply the stages and skills of the casework problem-solving model, including assessment, goals, and action plan to an interview and plan regarding one's own problem.

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or above on written assignment

#### Helping styles and attitudinal approaches

Describe helping styles and attitudinal approaches and demonstrate a client-centered helping style.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

**Assessment Method:** Written surveys and/or questionnaires

**Performance Criteria:** 70% or better on written assignment

#### Culturally competent casework practice

List components of culturally competent casework, identify needs for specific minorities and articulate one's own cultural values related to those minorities.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 70% or better on written exams

### Outline:

Various helping styles, emphasizing client-centered, and attitudinal approaches  
Multiculturalism and culturally competent casework practice  
Professional helping relationship  
Basic interviewing skills of the professional helper  
Casework problem-solving model of assessment, goals and action plan