# **Master Syllabus**

### MHT 1200 - Social Casework

**Division:** Health Sciences

**Department:** Human Services and Behavioral Health

Credit Hour Total: 2.0 Lecture Hrs: 2.0

Prerequisite(s): MHT 1101 Date Revised: October 2013

#### Course Description:

Basic principles and skills for the professional helping relationship. Relationship and multicultural issues in professional practice. Casework problem-solving model of assessment, goals and action plan is applied.

## General Education Outcomes:

□ Critical Thinking/Problem Solving Competency □ Values/Citizenship/Community Competency

#### **Course Outcomes:**

Professional helping relationship

Describe and apply the ingredients of effective professional helping relationships, including paraphrasing content and reflecting

**Assessment Method:** Locally developed exams **Performance Criteria:** 70% or better on written exams

Assessment Method: Written surveys and/or questionnaires Performance Criteria: 70% or better on written assignment

Casework problem-solving model
Apply the stages and skills of the casework problem-solving model, including assessment, goals, and action plan to an interview and plan regarding one's own problem.

**Assessment Method:** Written surveys and/or questionnaires **Performance Criteria:** 70% or above on written assignment

Helping styles and attitudinal approaches

Describe helping styles and attitudinal approaches and demonstrate a client-centered helping style.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

**Assessment Method:** Written surveys and/or questionnaires **Performance Criteria:** 70% or better on written assignment

Culturally competent casework practice

List components of culturally competent casework, identify needs for specific minorities and articulate one's own cultural values related to those minorities.

Assessment Method: Locally developed exams

Performance Criteria: 70% or better on written exams

## **Outline:**

Various helping styles, emphasizing client-centered, and attitudinal approaches Multiculturalism and culturally competent casework practice Professional helping relationship
Basic interviewing skills of the professional helper
Casework problem-solving model of assessment, goals and action plan