

Master Syllabus

MHT 1101 - Introduction to Human Services & Behavioral Health

Division: Health Sciences

Department: Human Services and Behavioral Health

Credit Hour Total: 3.0

Lecture Hrs: 3.0

Prerequisite(s): DEV 0035

Date Revised: December 2015

Course Description:

Introduction to the field of human services and behavioral health. History and development of human services. Exploration of service delivery, roles, trends and career opportunities. Principles and skills for developing professional helping relationships. Presentation of casework problem-solving model. Ethical/legal/professional standards. Technical terminology. Self-awareness regarding multicultural values and biases. Examination of human services as a personal career choice.

General Education Outcomes:

- Critical Thinking/Problem Solving Competency
- Values/Citizenship/Community Competency

Course Outcomes:

Self-exploration

Identify one's own biases, values, beliefs, and motivations for becoming a human service worker.

Assessment Method: Locally developed exams
Performance Criteria:

70% or better on exam

Assessment Method: Written surveys and/or questionnaires
Performance Criteria:

70% or better on written assignments

Common technical terms

Define common technical terms related to human services and behavioral health.

Assessment Method: Locally developed exams
Performance Criteria:

70% or better on exam.

Principles, philosophies and historical evolution of human services and behavioral health

Identify principles, skills, philosophies, and historical evolution of the human service worker.

Assessment Method: Locally developed exams
Performance Criteria:

70% or better on exam.

Professional helping relationship

Describe and apply the ingredients of effective professional helping relations including paraphrasing content and reflecting feelings.

Assessment Method: Locally developed exams
Performance Criteria:

70% or better on exam

Assessment Method: Written surveys and/or questionnaires
Performance Criteria:

70% or better on written assignments

Casework problem-solving model

Apply the stages and skills of the casework problem-solving model, including assessment, goals, and action plan regarding one's own problem.

Assessment Method: Written surveys and/or questionnaires
Performance Criteria:

70% or better on written assignments

Attitudinal approaches

Describe helping styles and 5 attitudinal approaches and demonstrate a client-centered helping style.

Assessment Method: Locally developed exams
Performance Criteria:

70% or better on exam

Assessment Method: Written surveys and/or questionnaires

Performance Criteria:

70% or better on written assignments

Cultural competence in professional practice

List components of culturally competent casework, identify needs of specific cultural minorities, and articulate one's own cultural values.

Assessment Method: Locally developed exams

Performance Criteria:

70% or better or exam

Outline:

Define common technical terms.

Primary principles, skills, philosophies, and historical evolution of the human service professional.

Self-exploration to identify motives for becoming a helper and to examine the field of human services and behavioral health as a suitable choice.

characteristics of helping relationships.

Multicultural issues in professional practice.

Utilizing the casework problem-solving model.

Career opportunities in human services and behavioral health.

Determine short and long term steps to achieve career goals.