

## Master Syllabus

### ENS 2415 - Coaching & Leadership

**Division:** Liberal Arts, Communication and Social Sciences

**Department:** Physical Education

**Credit Hour Total:** 3.0

**Lecture Hrs:** 3.0

**Date Revised:** December 2015

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### Course Description:

Coaching and Leadership introduces students to the principles of coaching and the qualities necessary to lead a sport organization. Topics focus on discovering an individual coaching and leadership style, contemporary coaching issues, leadership models and an investigation into the great leaders of the past.

### General Education Outcomes:

- ▣ Information Literacy
- ▣ Critical Thinking/Problem Solving

### Course Outcomes:

#### Coaching Impact

Explain the significance and importance of coaching and leadership and its impact on a team, organization and society.

**Assessment Method:** Locally developed exams

**Performance Criteria:** Correctly answer 70% of exam questions.

#### Coaching Concepts

Compare and contrast effective coaching concepts within a sport or organization.

**Assessment Method:** Locally developed exams

**Performance Criteria:** Correctly answer 70% of exam questions.

#### Leadership Models

Identify effective leadership models within a sport or organization.

**Assessment Method:** Locally developed exams

**Performance Criteria:** Correctly answer 70% of exam questions.

### Outline:

Leadership models  
Leadership environments  
Understanding leadership  
Leadership styles  
Coaching styles  
Coaching models  
Understanding today's athlete