

Master Syllabus

ENS 2415 - Coaching & Leadership

Division: Liberal Arts, Communication and Social Sciences

Department: Physical Education

Credit Hour Total: 3.0

Lecture Hrs: 3.0

Date Revised: December 2015

Course Description:

Coaching and Leadership introduces students to the principles of coaching and the qualities necessary to lead a sport organization. Topics focus on discovering an individual coaching and leadership style, contemporary coaching issues, leadership models and an investigation into the great leaders of the past.

General Education Outcomes:

- Information Literacy
- Critical Thinking/Problem Solving

Course Outcomes:

Coaching Impact

Explain the significance and importance of coaching and leadership and its impact on a team, organization and society.

Assessment Method: Locally developed exams

Performance Criteria: Correctly answer 70% of exam questions.

Coaching Concepts

Compare and contrast effective coaching concepts within a sport or organization.

Assessment Method: Locally developed exams

Performance Criteria: Correctly answer 70% of exam questions.

Leadership Models

Identify effective leadership models within a sport or organization.

Assessment Method: Locally developed exams

Performance Criteria: Correctly answer 70% of exam questions.

Outline:

Leadership models
Leadership environments
Understanding leadership
Leadership styles
Coaching styles
Coaching models
Understanding today's athlete