

## Master Syllabus

### DIT 1635 - Community Nutrition

**Division:** Health Sciences

**Department:** Dietetics and Nutrition

**Credit Hour Total:** 3.0

**Lecture Hrs:** 2.0 **Clinic:** 3.0

**Date Revised:** October 2013

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### Course Description:

Addresses community food/nutrition issues and federal/nongovernmental programs designed to meet needs of at-risk populations. Focuses on tools, strategies and resources to evaluate effectiveness of community programs. Students participate with community agencies providing nutrition programs and education. Two classroom, three clinical lab hours per week.

### General Education Outcomes:

- Written Communication Competency
- Values/Citizenship/Community Competency
- Critical Thinking/Problem Solving Competency
- Information Literacy Competency
- Oral Communication Competency

### Course Outcomes:

#### Art & Science of Policy Making

Convey national, state, or local food, nutrition and health issues to Legislators.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 80% of students will score 75% or higher on course exams.

**Assessment Method:** Simulations

**Performance Criteria:** 80% of students will score 80% or higher on public policy assignment.

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass the national credentialing DTR exam.

#### Federal, State & Local Agencies

Identify at least four federal, state, or local agencies concerned with nutrition of infants, children, adolescents, adults, and the elderly and describe funding availability for nutrition programs.

**Assessment Method:** Exit and other interviews

**Performance Criteria:** 80% of students will participate in community agency interviews and address questions regarding funding availability.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 80% of students will score 75% or higher on course exams.

**Assessment Method:** Simulations

**Performance Criteria:** 80% of students will score 85% or higher on each community nutrition program assignment.

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass the national credentialing DTR exam.

#### Community Nutrition Programs

Participate in community nutrition programs and evaluate program effectiveness.

**Assessment Method:** Exit and other interviews

**Performance Criteria:** 80% of students will participate in community agency interviews and address questions regarding program effectiveness.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 80% of students will score 75% or higher on course exams.

**Assessment Method:** Portfolios

**Performance Criteria:** 90% of students will highlight nutrition program/project information in the community section of their career portfolio.

**Assessment Method:** Simulations

**Performance Criteria:** 80% of students will score 85% or higher on each community nutrition program site experiences.

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass the national credentialing DTR exam.

#### Community Nutrition Education

Present nutrition education lessons for target populations participating in a community-based nutrition program.

**Assessment Method:** External examiner

**Performance Criteria:** 90% of students will score 85% or higher on nutrition education evaluation.

**Assessment Method:** Simulations

**Performance Criteria:** 80% of students will score 80% or higher on nutrition education lesson plan assignment.

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass the national credentialing DTR exam.

**Hunger in the Community**

Develop a luncheon menu for a soup kitchen; obtaining necessary funds to prepare and serve meals for 200-300 clients.

**Assessment Method:** External examiner

**Performance Criteria:** 90% of students will obtain completed service learning evaluation form from the soup kitchen agency.

**Assessment Method:** Portfolios

**Performance Criteria:** 90% of students will highlight information in community section of career portfolio.

**Assessment Method:** Simulations

**Performance Criteria:** 90% of students will score 90% or higher on self reflective exercise.

**Outline:**

- Art and science of policy making
- National nutrition agenda
- Community nutrition resources, programs and agencies
- Nutritional status of populations
- Community nutrition education
- Hunger in the community