

## Master Syllabus

### DIT 1105 - Introduction to Dietetics

**Division:** Health Sciences

**Department:** Dietetics and Nutrition

**Credit Hour Total:** 1.0

**Lecture Hrs:** 1.0

**Date Revised:** February 2014

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### Course Description:

Exploration of the dietetics profession. Introduces the professional organization and structure. Covers credentialing and the Academy of Nutrition and Dietetics Code of Ethics. Clarifies the roles and requirements of different nutrition professionals. Investigates areas of employment. Includes 1-2 field trips.

### General Education Outcomes:

- Critical Thinking/Problem Solving Competency
- Computer Literacy Competency
- Information Literacy Competency
- Values/Citizenship/Community Competency

### Course Outcomes:

#### Food Guide Pyramid

Describe methods by which the Food Guide Pyramid can be used as a tool for nutrition education.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 85% of students will score 82% or higher

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass national credentialing exam

#### Professional Ethics

Given ethical situations, recommend appropriate responses compliant with the American Dietetic Association Code of Ethics.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 85% of students will score 82% or higher

**Assessment Method:** Simulations

**Performance Criteria:** 85% of students will score 91% or higher on ethics assignment

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass national credentialing exam

#### Professional Structure and Credentialing

Differentiate between the dietitian, dietetic technician and dietary manager; their function, responsibilities, education requirements and credentials.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 85% of students will score 82% or higher

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass national credentialing exam

#### Portfolio Development and Self-Reflection

Explain the function of a portfolio for professional development and lifelong learning.

**Assessment Method:** Locally developed exams

**Performance Criteria:** 85% of students will score 82% or higher

**Assessment Method:** Simulations

**Performance Criteria:** 80% of students will score 82% or higher on portfolio assignment

**Assessment Method:** Standardized national examinations

**Performance Criteria:** 80% of students will pass national credentialing exam

### Outline:

Student Portfolio, Goal Setting and Self-Reflection  
Dietetic Professional Team  
Professional Organizations  
Professional Ethics  
Food Guide Pyramid  
Nutrition Trends