

## Master Syllabus

### ALH 1132 - Heartsaver First Aid, CPR & AED

**Division:** Health Sciences

**Department:** Allied Health

**Credit Hour Total:** 1.0

**Lecture Hrs:** 1.0

**Date Revised:** March 2017

---

#### Course Description:

The American Heart Association (AHA) Heartsaver First Aid with Cardiopulmonary Resuscitation (CPR) and Automated or Automatic External Defibrillator (AED) course is designed for the individuals who are not working or planning to work within a healthcare environment. The course provides students with training in basic first aid procedures, including the first aid skills recommended by OSHA, CPR and AED. Students who complete the course qualify for the AHA Heartsaver First Aid with CPR and AED course completion card.

#### General Education Outcomes:

- ▣ Critical Thinking/Problem Solving Competency
- ▣ Values/Citizenship/Community Competency
- ▣ Oral Communication Competency

#### Course Outcomes:

##### First Aid Skills

Demonstrate basic first aid skills needed to control bleeding and immobilize injuries.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

80% or above on given exam

**Assessment Method:** Simulations

**Performance Criteria:**

80% or above on given exam

##### Assess the Ill or Injured

Demonstrate the skill needed to assess the ill or injured person.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

80% or above on given exam

**Assessment Method:** Simulations

**Performance Criteria:**

80% or above on given rubric

##### Cardiopulmonary Resuscitation

Demonstrate the skills to perform effective cardiopulmonary resuscitation.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

80% or better on given exam

**Assessment Method:** Simulations

**Performance Criteria:**

80% or better on give rubric

##### External Defibrillator

Demonstrate the skills needed to operate an automatic external defibrillator.

**Assessment Method:** Locally developed exams

**Performance Criteria:**

80% or better on given exam

**Assessment Method:** Simulations

**Performance Criteria:**

80% or better on given exam

#### Outline:

First Aid Skills  
Assess the Ill or Injured  
Cardiopulmonary Resuscitation  
External Defibrillator